



Wellington
Multiple Sclerosis



Welcome Debs, our new Lead Community Advisor

Debs joined us in June, and is a Registered Nurse and health manager. Debs is looking forward to serving our clients and exploring more of the health sector.

Read more:

<https://mswellington.org.nz/about-us/new-news-page/meet-debs-phillips-new-lead-community-advisor/>

New Secretary - Alina Pescini

Alina has stepped up to the Committee as Secretary, after many years as a valued member.

Alina keeps busy working full-time as a teacher and coach, studying and with family life.

Read more:

<https://mswellington.org.nz/about-us/our-committee/>



AGM update

There was a great turnout and the AGM went well - and there was cake to celebrate the Society's 60th anniversary! Nick Brandon was awarded the Andy Woodside memorial Award for his services as our previous Face of MS.

Read the reports or watch the Live Stream:

<https://wellingtonms.org.nz/about-us/new-news-page-2/2025-annual-general-meeting/>



Multiple Sclerosis
Wellington

MS Awareness Week 2025

Collection Week - 15-22 September 2025

Please get in touch if you are able to help
support our collection in your area.

2025 Collection - Can you help?

The Collection will be happening again between 15 and 22 September 2025 and we'd really appreciate your help. Unfortunately some of our records of who collected last year are incomplete, so we're especially keen to hear from collectors between Wellington, Porirua and Kapiti. We will be doing a day's collecting in the Wairarapa again this year too.

Read more at: <https://mswellington.org.nz/about-us/new-news-page/ms-awareness-week-2025-collection-15-22-september-2025/>

If you're able to help please get in touch through the button below or contact one of the team.

[Yes, I'd love to help with the collection](#)

Grants and Fundraising

WMS relies on grants and donations to help fund our important free mobile service for people with MS and the family or whanau.

Unfortunately we only receive around a third of the funding we need each year from the government for providing services.

Thanks to those who have provided funding this quarter:

- Nikau Foundation

- Hutt Mana Charitable Trust
- Pub Charity Ltd (local venues include the Angus Inn Hotel, Bj's, The Empire Petone)
- The Jack Jeffs Charitable Trust
- COGS Lower Hutt

We also gratefully received:

- a generous donation from Ngatiawa Russell Lodge Charitable Trust, and
- a gift in will from the Estate of Alison Thurlow.

Thanks to all who support our important mahi, enabling people with MS and their family and whanau to live their best lives.



Something New is Brewing... Online!

We're exploring the idea of an online 'café' meet-up — a relaxed, informal virtual space for PwMS to connect and feel supported.

Read more www.mswellington.org.nz/about-us/new-news-page/something-new-is-brewing-online/

Click on the images below to read the full story



HeyDay Brewery fundraiser

Over \$1924 was raised through a Karma Keg event and 2 months of quizzes. Thanks team!



Frédéric Robichon's runs WUUK25

Fred had a great race and raised over \$1000 for WMS. Thanks Fred!



MSNZ Fundraiser: Ride for MS in Cambodia!

If you love to ride and would like to do it in Cambodia, join this event and raise funds to support services for PwMS at the same time!

Thanks to everyone who came to our Global MS Awareness Day morning tea on 30 May at Johnsonville. It was wonderful to share some time together, marking this important day.

Things you need to know

Carer Support Changes

Act now if you need to ensure hard copy Carer Support Forms continue to be mailed to you.

Read more: mswellington.org.nz/about-us/new-news-page/immediate-changes-to-carer-support-claim-forms/

3G will be switched-off at the end of the year

Unfortunately, the switch-off may possibly affect medical alarms and other technology disabled people rely on, if they are using older 3G technology.

Read more: <https://mswellington.org.nz/about-us/new-news-page/3g-mobile-network-to-be-switched-off-at-the-end-of-the-year-important-information/>

Advertisement: Yoga with Diane Clark Manly



Some of our clients have been doing all-abilities online yoga with Diane for many years. Cost is \$10 per session.

Read more:

<https://mswellington.org.nz/about-us/new-news-page/online-chair-yoga-for-pwms-with-diane-clark-manly/>

If you're buying, selling or want advice on larger disability items such as a modified vehicles, scooters or wheelchairs we may be able to promote your ad on our facebook page.

For more info email: suzie@wellingtonms.org.nz

Go to our Facebook page

[and please follow us](#)

PO Box 30203, Lower Hutt 5040

www.wellingtonms.org.nz

[Unsubscribe](#) [Email Preferences](#)

Follow us on Facebook www.facebook.com/wellingtonmssociety
