

Wellington



### Season's Greetings

We are wishing warm festive greeting to all our clients, their families and whanau and everyone else in our community.

Please do your best to look after yourself amidst the hustle and bustle of the silly season and focus on what is important - yourself and your loved ones!

We hope you all have a wonderful Christmas and a fantastic New Year.

Christmas Opening Hours

**Christmas Lunches** 

We expect that our services will be available throughout the

Christmas and New Year period this year, except for the Statutory Holidays. Please remember we don't provide urgent services - you need to contact your GP or hospital for that.

We will publish full details on our website in December.



The planning of Christmas lunches is well underway.

Please contact your Community Advisor if you need the details: <a href="mailto:jo@mswellington.org.nz">jo@mswellington.org.nz</a> or <a href="mailto:lacey@mswellington.org.nz">lacey@mswellington.org.nz</a>





## Raising Awareness, Funds and Smiles with Cosplay

On Saturday 28 October Glen Sullivan and his Cosplay colleagues entertained the crowds at Spring into Tawa to raise funds on behalf of Wellington MS.

A big thank you to Glen and the team who raised \$386.80 on the day, which they have donated towards the important mahi we do around the greater Wellington region. Thanks too to the many people who made a donation. The young and young-at-heart love Cosplay for bringing their favourite superheroes to life, with great costumes and amazing vehicles like police cars or the batmobile.

Read the full story and see more photos at <a href="https://mswellington.org.nz/about-us/new-news-page/cosplay-at-spring-into-tawa/">https://mswellington.org.nz/about-us/new-news-page/cosplay-at-spring-into-tawa/</a>

If you would like to support our fundraising you can use the button below to make a donation via the MSNZ fundraising page.

Make a donation to WMS

#### Thanks to our Generous Funders

Our ability to continue delivering our important mahi that enables PwMS around greater Wellington to live their best lives is dependent on support from the generous Trusts and Foundations that support our work, along with private donations.

Our sincere thanks to the following organisations for their continued support:

- Pub Charities
- The Thomas George Macarthy Trust
- Upper Hutt City Council Community Fund and
- · Lotteries Community Funding.







# Kaley Whyman-Hughes Runs to Raise MS Awareness

Kaley Whyman-Donoghue completed the Hutt 1/2 marathon in September and came 11th female overall to the delight of her supporters.

Kaley has decided to use these events as an opportunity to raise awareness about Multiple Sclerosis. Please show your support if she races past during an event near you. Well done Kaley!





## Share your Experience of MS: Make a Difference

WMS is sharing this information from MSIF on behalf of the Global PROMS Initiative.

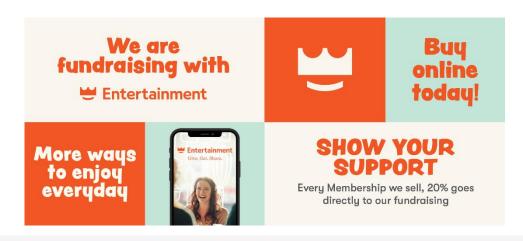
A survey has been created to better understand the experiences and impact of MS for people across the world. Results from the survey will help ensure PWMS are heard by policy makers, researchers and healthcare professionals when designing and evaluating MS treatments and services.

You can access the survey at: <a href="https://proms-initiative.org/survey-proms/">https://proms-initiative.org/survey-proms/</a>
Please spread the word through your networks.



### Ocrevus for PPMS - Q&A available

We're still excited that Ocrevus is finally available to PwPPMS. If you are interested in finding out more check out the Q&A on our website at <a href="https://mswellington.org.nz/about-us/new-news-page/ocrevus-for-ppms-q-and-a/">https://mswellington.org.nz/about-us/new-news-page/ocrevus-for-ppms-q-and-a/</a> or talk to your Community Advisor.



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